



Club Standards: Health and Safety Policy

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Consulted with: Chippenham Harriers Committee Members
Version: 1 (31st October 2024)
Review Date: 31st October 2025



Contents

1. Purpose	3
2. Definitions	3
3. Health & Safety Policy Statement of Intent	3
4. Responsibilities	5
4.1 Chippenham Harriers Organisational Chart	5
4.2 Individual Roles	5
4.2.1 Chairperson	6
4.2.2 Health & Safety Co-ordinator	6
4.2.3 Treasurer	7
4.2.4 Secretary	7
4.2.5 Welfare Officer	7
4.2.6 Social Secretary	8
4.2.7 Communications Secretary	8
4.2.8 Membership Secretary	8
4.2.9 Youth Co-ordinator	8
4.2.10 Coaches & Leaders	9
4.2.11 Race Directors	9
4.2.12 Qualified First Aiders	10
4.2.13 Mental Health First Aiders	10
4.2.14 Members	11
5. Arrangements for Health and Safety	11
5.1 Procedures to identify hazards and assess risks	11
5.2 Health & Safety Inspections of Club Facilities	11
5.3 Persons with mobility issues	12
5.4 Car Parking	12
5.5 Coach/Leader Ratios	12
5.6 First Aid	13
5.7 Qualified First Aiders	14
5.8 Mental Health First Aiders	14
5.9 Emergency Procedures/Incident Reporting	16
5.10 High Viz/Personal Identification	16
5.11 Running with Earphones	16
5.12 Running with Buggies	17
5.13 Running with Dogs	17
5.14 Coronavirus (COVID-19) guidance	18
5.15 New Members	18
6. Information/Key Contacts	19



1. Purpose

The Health & Safety Policy is a written statement that details the general policy of the organisation with respect to the arrangements and responsibilities for health and safety, and how it is to be enforced.

The Health & Safety Policy must advise how the contents of the policy will be brought to the attention of its members and how updates to the policy will be undertaken and communicated as appropriate.

As a minimum the policy must include a statement of intent, organisational structure & individual responsibilities for health and safety within that organisation, details of safe working arrangements, and resources available to the member which will aid their protection.

2. Definitions

The legal requirements dictate the structure and content of the Health and Safety Policy.

The content is wide-ranging by design and definitions will be specific to the context of the individual policy.

3. Policy Statement of Intent

This is the health and safety policy statement of:

Chippenham Harriers Running Club

This health and safety policy is to:

Support Chippenham Harriers Running Club in achieving their goal of 'Zero Harm'. This Health & Safety Policy will reflect the commitments embedded in the policies of the Club and their intent to be dedicated to safety.

This will be achieved through:

I want our members, and those that take part in our events, to feel they can take part in our activities and events safely. I want them to have a positive experience, and ensure everyone knows what to do if an accident or incident occurs.

Through this policy I aim to provide clear guidance on roles and responsibilities in relation to health and safety, and set out a clear and concise process for our volunteers and members to follow for every Club activity.

I recognise that whilst running (and associated training) is not a high-risk activity, and normally has a positive impact on physical and mental health, it is not without risk. I will therefore take a common-sense approach to managing and mitigating risk without placing unnecessary burden on our volunteers and members.



As a Club I recognise that we have a duty of care for ensuring all Club activity is safe. It is therefore important that we have a Health and Safety Policy and associated risk assessments. As a voluntary sports Club, without our own premises or employees, we are not subject to the provisions of the Health and Safety at Work Act 1974. However, we recognise that as a condition of our use of others' facilities the owners may pass on relevant duties under the Act to us.

Through this policy we will ensure compliance with our common law responsibilities and non-statutory rules of our national governing bodies: England Athletics and the Association of Running Clubs (ARC), in particular where they are a condition of insurance cover provided by our membership of these bodies

Through recognising the responsibilities of the running Club through the England Athletics guidance and requirements and other associated supporting legislation (Regulations, Codes of Practice and Guidance), I believe that all injuries and occupational illnesses should be prevented, and can be avoided with achievable, affordable and realistic mitigations in place.

I, as the Chairperson, understand the critical importance of managing any risks associated with the activity of running and responsibility for its members health, safety & welfare. In pursuit of the goal of 'Zero Harm' I will aim to prevent, reduce and ultimately eliminate all injuries and other loss of damage arising from safety related incidents and accidents.

This Health & Safety Policy Statement is my personal commitment to each of you that my committee and I will continue to establish and maintain compliance with applicable legislation and other relevant industry standards. This will be undertaken through acknowledging and adhering to Government guidance, both current and new, best practice from within the athletics sphere and any other related organisation. I will ensure all my Committee members strive for continuous improvement in the sphere of health & safety.

Please join me in supporting this policy. As a member you have first-hand experience of the issues that matter, so please report these to your Leader or any Committee member. Together we can ensure there is an even safer environment for all of our members.

Signed	<i>Kirsty Ann Murphy (Chippenham Harriers Chairperson)</i>	Date	31 st October 2024
Print Name	<i>Kirsty Ann Murphy</i>	Review date	31 st October 2025

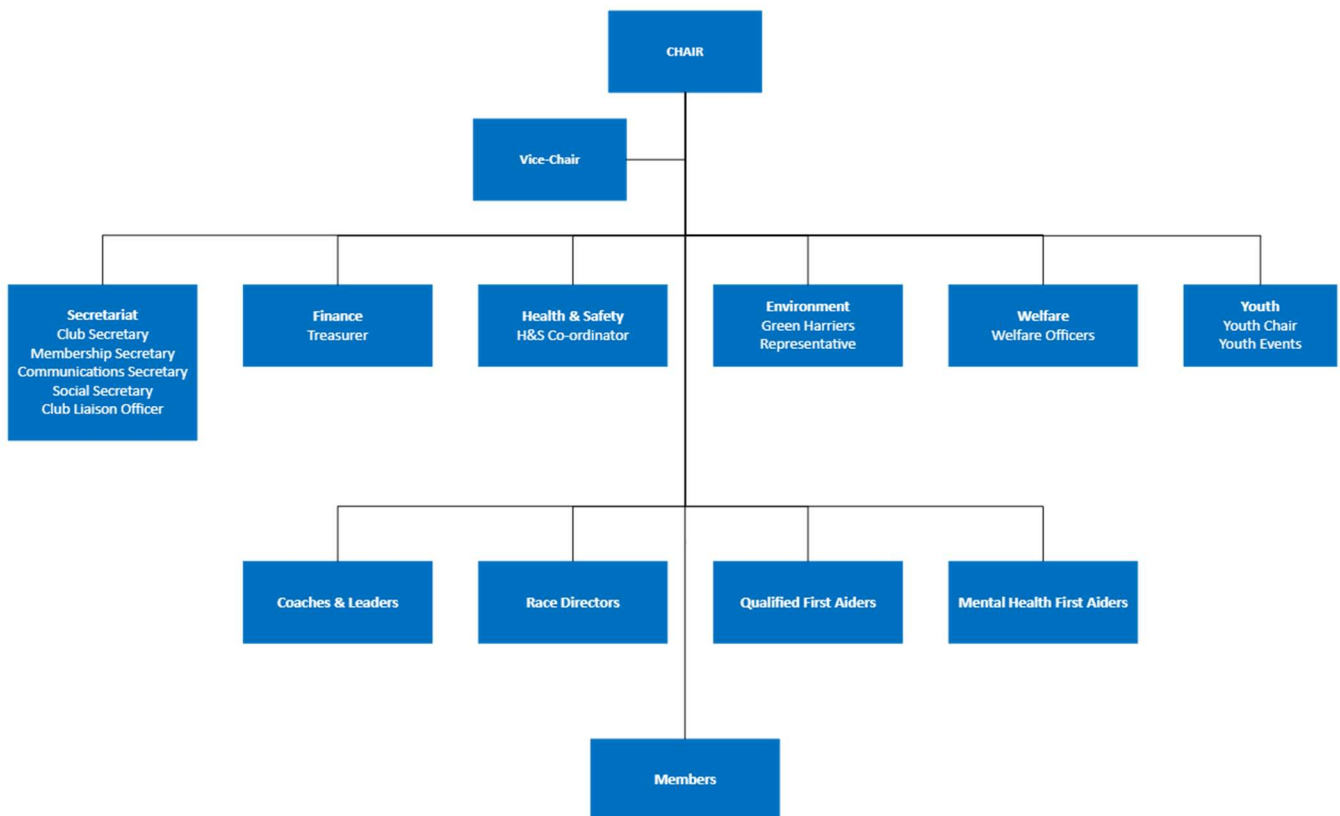


4. Responsibilities for Health & Safety

4.1 Organisational Chart

Overall and final responsibility for health and safety within the Chippenham Harriers Running Club lies with the Chairperson. There are a number of roles within the Club’s committee, each responsible for a specific area of the health, safety and environment spheres, and for ensuring compliance to legal standards and guidance. These are shown within the organisational chart (Figure 1).

Figure 1 Organisational Chart – Chippenham Harriers Running Club Committee





4.2 Individual Roles

4.2.1 Chairperson

The Chairperson has overall responsibility and accountability for the people and activities within the running Club.

In addition, the role will:

- Appoint the Health and Safety Co-ordinator
- Ensure that appropriate resources/ funds are provided for Health and Safety.
- Own the Health & Safety Policy and ensure it is regularly reviewed and updated
- Will be responsible for the final review and approval of the Health & Safety Policy, procedures, risk assessments and communications
- Will support and assist in the practical application of the Health & Safety standards and procedures
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.2 Health & Safety Co-ordinator

The Health and Safety Co-ordinator is responsible on behalf of the Committee for overseeing the development, implementation, and communication of all Health and Safety documentation.

In addition, the role will:

- Review and update the Health & Safety Policy on an annual basis, sharing proposed amends with the committee members for approval prior to being made final and public
- Complete risk assessments when requested or as situations arise and it is deemed appropriate
- Will request finance for any measures that are deemed appropriate for reducing risk and improving the welfare and safety of the Club's members
- Ensure that accidents, incidents & near misses are reported appropriately, liaising with the Chairperson of the Chippenham Sports & Social Club when input and support is required to find solutions and make improvements on health and safety grounds
- Regularly review accident and incident reports for specific issues and trends, bringing these to the attention of the Committee for action as necessary
- Support and assist in the practical application of the Health & Safety standards and procedures
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate



- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.3 Treasurer

The Treasurer will support, where appropriate, any requests for financial assistance to purchase any equipment or resource, and cover course fees, where it can be demonstrated that this will reduce risk and improve safety of the Club members.

In addition, the role will:

- Support and assist in the practical application of the Health & Safety standards and procedures
- Report any accident or incident to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.4 Secretary

The Club Secretary will ensure that the Club has appropriate insurance in place and up to date. This is normally through affiliation to England Athletics and Association of Running Clubs (ARC).

In addition, the role will:

- Support and assist in the practical application of the Health & Safety standards and procedures
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.5 Welfare Officer

The primary role of the Welfare Officer is to ensure the welfare and safety of all members through always demonstrating safe running practices.

In addition, the role will:

- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Support and assist in the practical application of the Health & Safety standards and procedures



4.2.6 Social Secretary

The Social Secretary will ensure that all social events are appropriately risk assessed and measures put in place to ensure the safety and welfare of members and their families.

In addition, the role will:

- Support and assist in the practical application of the Health & Safety standards and procedures.
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.7 Communications Secretary

The Communications Secretary will ensure the Club website is up to date with contact details for relevant officials named in this policy.

In addition, the role will:

- Support and assist in the practical application of the Health & Safety standards and procedures.
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.8 Membership Secretary

The Membership Secretary is responsible for ensuring all membership subscriptions are paid; this not only ensures that financially the Club upholds its obligations to England Athletics and the Chippenham Sports & Social Club (CSSC) but that the individual is also covered by public liability insurance should they be involved in an accident or incident whilst undertaking an activity within the auspices of the Club directive and responsibility.

In addition, the role will:

- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.9 Youth Co-ordinator

The Youth Co-ordinator will ensure the Club has adequate provision of qualified Youth Coaches and Leaders and that licenses are up to date. The Committee will ensure the necessary funds are available for the provision and training of Youth Coaches and Leaders.



In addition, the role will:

- Support and assist in the practical application of the Health & Safety standards and procedures.
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all Youth members through always demonstrating safe running practices

4.2.10 Coaches & Leaders

Coaches and Leaders will ensure Club members and others are safe and free from harm as far as reasonably practicable when participating in Club sessions. They will ensure the welfare and safety of all members through always demonstrating safe running practices.

In addition, the role will:

- Make Club members aware of the Health and Safety Policy and how to adhere to the health and safety/emergency procedures
- Be responsible for ensuring their licence is valid and up to date
- Ensure their first aid certificate is in date and alert the Health & Safety Co-ordinator when there is six months until expiration (if they have not already been notified that they are due to attend a course)
- Undertake regular training to ensure skills remain up to date and reflect current best practice. The Committee will ensure the necessary funds are available for the provision and training of Coaches and Leaders
- Be expected to familiarise themselves with relevant risk assessments and conduct dynamic risks assessments before and during activity, and advise the Health and Safety Co-ordinator of any changes needed to formal risk assessments
- Ensure that at the start of any activity that the venue/ premises remain safe and suitable for the activity, and any sports equipment is in good repair before use. They will also ensure that it is appropriately stored after use. They will notify the Health and Safety Co-ordinator/ Committee of any replacements that are required
- Be responsible for notifying the Health and Safety Co-ordinator of any accident, incident or near miss at Club sessions, and assist them with compiling the report

4.2.11 Race Directors

Race Directors are responsible for developing and implementing risk assessments for Chippenham Harriers events and providing copies to the Health and Safety Co-ordinator.

In addition, the role will:

- Ensure that the necessary permissions, licences, permits & insurance are in place prior to an event and that the Local Authorities have been notified as required



- Ensure necessary emergency procedures are developed for the event and ensuring that all organisers, marshals, volunteers, contractors and participating athletes are briefed on these as required
- Regularly review and update Risk Assessments. Post-event they will consider any lessons learnt and update the risk assessment for future events accordingly
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate
- Ensure the welfare and safety of all members through always demonstrating safe running practices

4.2.12 Qualified First Aiders

The primary role of a qualified first aider is to attend any accident or incident when requested to do and administer basic first aid.

In addition, the role will:

- Ensure their first aid certificate is in date and alert the Health & Safety Co-ordinator when there is six months until expiration (if they have not already been notified that they are due to attend a course)
- Undertake regular training to ensure skills remain up to date and reflect current best practice
- Ensure the welfare and safety of all members through always demonstrating safe running practices
- Demonstrate the 3Ps 'Prevent the condition from worsening, promote recovery and preserve life'
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate

4.2.13 Mental Health First Aiders

A Mental Health First Aider will:

- Have the skills to recognise and respond to the signs and symptoms of mental health problems or crises
- Be trained up to support and signpost members to make sure they get the help they need from the right source
- Report any accident, incident or near miss to the Health & Safety Co-ordinator, completing all necessary paperwork and submitting as appropriate



4.2.14 Members

Health and Safety is the responsibility of everyone. All members are expected to familiarise themselves with and comply with the Club's Health and Safety Policy when engaged in Club activities.

Members will also:

- Report Club any accidents/incidents/near miss that they have been involved in or witnessed to the relevant session Coach or Leader, the Health and Safety Co-ordinator, or a Committee Member. They will assist in the compilation of any reports
- Ensure they are appropriately dressed for the activity/ conditions, make the Coach/Leader aware of any injury or illness which may impact on their ability to engage in training/ activity, and follow the instructions of Coach/leaders and Committee members
- Take responsibility for their own health and safety, and behave in a manner when engaged in Club activities which does not put themselves or others at inappropriate risk

5. Arrangements for Health and Safety

5.1 Procedures to identify hazards and assess risks

- Chippenham Harriers has a robust risk management & governance framework in place, and specified roles will complete risk assessments when required. This is in order to identify hazards and assess risks wherever harm to a person or object may occur
- Those individuals who are tasked to identify risks and hazards should possess some formal understanding, training and/or qualifications. This does not necessarily have to be with a recognised awarding body but should demonstrate an understanding of health & safety principles.
- The Health & Safety Co-ordinator is a dedicated role within Chippenham Harriers positioned to ensure the risk management framework is being adhered to and is fit for purpose. This is mandatory in order to provide the Club and its members with the required health & safety support and guidance.

5.2 Health & Safety Inspections of Club Facilities

- Inspections of the facilities ((Fire, Emergency Lighting, Appliances, Water) within the CSSC are undertaken by both the paid and volunteer members of the CSSC Committee.
- These are performed according to an agreed schedule



- Inspections are also undertaken annually by professional bodies such as the Fire Service (firefighting equipment), qualified Electricians (Emergency Lighting & electrical appliances) & local water supplier (water quality & appliances)

5.3 Persons with mobility issues

- Any person with a mobility issue e.g. wheelchair user, use of a crutch or stick, can access the CSSC via a ramp at the front entrance.
- There is a lift allowing access from the ground floor to the upper floor, where the function room, members bar and toilets are located
- Evacuation is via the stair route only, as use of the lift is not permitted during an evacuation

5.4 Car Parking

- All members have free use of the adequate car parking areas that serve the various area of the CSSC
- Members must ensure they park within the marked parking bays and that they park with due care for the safety and welfare of other vehicles and pedestrians
- All members should use designated walking routes where possible and pay due care and attention when walking within areas where there is moving traffic

5.5 Coach/Leader Ratios

- England Athletics and our insurers recognise that it is not always possible to adhere to the prescribed ratios and there are circumstances where a qualified Coach or Leader may not be present. In such circumstances the session can still take place under the management of a qualified Coach, although not physically present. A Committee member or responsible person will be nominated to supervise the session
- Youth Sessions will follow UK Athletics Coach Guidance on appropriate levels of supervision for children and young people. This is based on NSPCC Best Practice Guidance. Both publications can be found within the Health & Safety section of the Chippenham Harriers website. This can include Coach/ Leaders that are actively taking part as well as those supervising/ leading a session. This is guidance and not a requirement of our insurance

- Ratios are as follows:

4-8 years old*	1 coach per 6 runners
*(Harriers Youth does not have this group)	
9-12 years old	1 coach per 8 runners



13-18 years old 1 coach per 10 runners

- England Athletics do not specify a ratio for adult sessions

5.6 First Aid

- The Club will look to follow UK Athletics (UKA) First Aid Guidance for Coaches and Leaders (May 2023) for the provision of First Aid for Club activities. Most Club activities fall under Category A of this guidance in terms of first aid requirements. Publication can be found within the Health & Safety section of the Chippenham Harriers website
- In line with the guidance, existing Coaches and Leaders are encouraged to be basic first aid trained and undertake regular refresher training (normally at the anniversary of the licence renewal). England Athletics requires all new Coaches and Leaders to have a Basic First Aid Training Certificate as a minimum standard
- The Health and Safety Co-ordinator will liaise with Coaches and Leaders on identifying relevant training in line with UKA guidance
- The Club will meet the costs of Basic First Aid Training for Coaches and Leaders. This will also include training courses for Mental Health First Aiders
- Any Club sessions (i.e. away runs) where an expected response time for emergency assistance is between 10-30 minutes (Category B) a qualified first aider should be present with a first aid kit. It may also be advisable to have the Club mobile defibrillator available/accessible
- The Club would not normally expect to organise events in remote or hard to access areas (Category C). Should the Club organise such activities then consideration of first aid provision will be in line with UKA guidance
- Chippenham Harriers insurance provides cover for legal liability arising from injury caused as a result of incidental first aid administered. This applies to first aid given by qualified first aiders or unqualified people. Cover does not apply to medical professionals who are expected to hold their own liability policy
- Race Directors will ensure appropriate provision is made for events for professional first aid support in line with permit/ licensing/ insurance requirements e.g. St John Ambulance or equivalent
- The Club will purchase first aid kits for Club sessions and activities. The Health and Safety Co-ordinator will distribute these to the Coaches and Leaders and ensure contents are replenished as necessary
- There are several defibrillators located around Chippenham including at the CSSC, Sheldon School, Olympiad Leisure Centre, Sheldon Corner (Biddestone Summer



Route), Town Hall, and at other locations on or near our regular training venues and routes

- The Committee has purchased a mobile defibrillator for the Club and funds volunteers training in its use (this is included within the Sports First Aid Certificate syllabus). This will be held by the Health and Safety Co-ordinator and made available to Club activities as required. They will ensure that the defibrillator remains in good working order and regularly tested

5.7 Qualified First Aiders

- The Health & Safety Co-ordinator ensures that there are sufficient numbers of qualified first aiders, adequate first aid provisions, appropriate equipment & facilities
- The Health & Safety Co-ordinator will ensure that appropriate courses are booked, both to allow for new qualifications and refresher learning
- There are 25 members who are all competent to deal with an accident or incident that requires the delivery of basic first aid treatment to members
- All first aiders understand the legal requirements under Health & Safety laws and are conversant in the completion of the appropriate documentation
- All hold the 'Sports First Aid' qualification, and attend any further specific training that may be required to attend to the needs of the members e.g. defibrillator training
- A list of Qualified First Aiders is available from the Health & Safety Co-ordinator and can be viewed on the Health & Safety pages of the committee webpage

5.8 Mental Health First Aiders

- In addition to the Qualified First Aiders, there are also a number of Mental Health First Aiders who support members with looking after their mental health and wellbeing
- They offer guidance & advice, signposting members to more professional services and resources that are available.

5.9 Emergency Procedures/ Incident Reporting

- England Athletics has an ongoing commitment to provide a safe sport, therefore anyone who has witnessed either an accident or near miss is asked to report it
- All accidents/ incidents and near misses should be reported using the Clubs Accident/ Incident Report Form available on the Club website [here](#). This will be forwarded to the Health and Safety Co-ordinator and Welfare Officers



- The Youth Sub-Committee will maintain an Accident Book. The Youth Co-ordinators will ensure any incidents are reported in line with this policy in consultation with the Health and Safety Co-ordinator
- All Coaches and Leaders leading a session should have a mobile phone or ensure they have means to contact the emergency services should they be required
- Coaches/ Leaders should have access to first aid kits and are encouraged to consider and note the location of publicly accessible defibrillators near the venue/ on the route
- In the event of a minor incident appropriate first aid, if required, will be provided by a Club first aider or suitably qualified person
- In the event of a major incident, or if in doubt the Coach/ Leader or other responsible person, should contact the emergency services and/or seek professional medical assistance
- Club members should assist the Coach/ Leader in managing the incident as required, e.g. call emergency services, fetch first aid kit/access nearest defibrillator, management of the scene, casualty management, getting a car to transport casualty
- The Coach/ Leader should discuss with any injured athlete the extent of their injury and make an assessment on their ability to continue to engage in the session/ activity. If necessary, an athlete may sit out the rest of the session. The Coach/ Leader/ First Aider should continue to assess their condition and act accordingly
- If necessary, the Coach/ Leader will assist/ make arrangements for the athlete to make their way back to CSSC/ Home/ Vehicle. Ideally, they will be accompanied by another fit and able person (especially if a head injury/ concussion is suspected), in doing so they will consider the Club's Safeguarding Policies. If necessary, the Coach/ Leader will terminate the session early. Health and Safety should take priority over completing the session.
- In the event of an injured person being taken to hospital the Coach/Leader will take responsibility for making arrangements for the notification of next of kin/ family. If necessary, they will contact the Membership Secretary/ Club Secretary for emergency contact details
- In all cases the Coach/ Leader will make a note of those involved (injured persons and witnesses) as well as details of the incident and ensure an incident report is completed as soon as possible. They will notify the Health and Safety Co-ordinator (or Committee Member) as soon as possible of the incident
- The Health and Safety Co-ordinator will take responsibility reporting, as required, the incident to governing bodies, insurers, local authorities and the health and safety executive.



- Any reports potentially resulting in an insurance claim must be reported to governing bodies within one week of the incident
- Race Directors will develop emergency procedures for their event and ensure that all organisers, marshals, volunteers, contractors and participating athletes and briefed on them accordingly

5.10 High Viz/ Personal Identification

- During official Club activities when there is limited visibility e.g. during the autumn/winter period, reflective vests/ bibs and/or lights must be worn by all runners. Members may be refused permission to join a Club session if not wearing appropriate high visibility clothing/ lights. This is imperative in the interests of safety for the members and the public
- Members are encouraged to carry with them personal identification and emergency contact details. This should include details of any medical conditions. This could be via a medical ID function on a mobile phone or an ICE (In Case of Emergency) tag on the shoe (laces)

5.11 Running with earphones

- England Athletics Rules of Competition (1st April 2024) states: " all in ear and over ear headphones are banned from running events, whether this is road, trail or mixed terrain courses. Bone conducting type are permitted as these sit outside of the ear. Although we do still recommend you have the volume low enough to hear marshal instructions and traffic around you'
- As all events organised by Chippenham Harriers are on open roads, and a majority are narrow country lanes with no marshals or warning system to alert of traffic or a hazard, the wearing of earphones is not permitted in any race
- When runners wear earphones they may be less aware of their surroundings; whether this is fellow runners, race officials, traffic or potential other dangers and obstacles on the course. If runners are not aware of their surroundings this can increase the risk of accidents or collisions, especially when it is a race that is busy with entrants
- In addition, it is suggested that listening to music or podcasts while running might make a person not able to react to some signals that the body is sending, such as fatigue, dehydration or poor fuelling
- Even bone conduction headphones, which do not sit inside the ear, can cause distractions for runners. Therefore, the wearing of bone conduction headphones at any race organised by Chippenham Harriers is at the discretion of the Race Director
- The Race Director has the right to disqualify any runner from the race and place as 'DQ' listed in the results



5.12 Running with Buggies

- In line with our insurance buggies can potentially be used in both training sessions and races, subject to the suitability of the session/ venue
- Any requests to use a buggy in a coach led training session should be made in writing to the Coach/Leader & Health and Safety Co-ordinator at least one week in advance so that necessary risk assessments can be conducted. This will also take account of the Clubs Welfare and Safeguarding policies
- Any request to use a buggy in a race must be advised at the point of entry
- Assurance must be provided by the runner that the buggy is manufactured and approved for this purpose of running (and not a standard pushchair); it should also be in good repair
- Any request will be discussed by the committee/Race Director and a decision made based on its individual merits
- Agreement will be made as a collective as to whether the request can be upheld
- The decision will be shared with the runner in a timely manner by either the Coach/Leader, Race Director or Health & Safety Co-ordinator (as applicable)

5.13 Running with Dogs

- Dogs and other animals should not accompany any runner during a Club or coach/ leader session that takes place on roads where interaction with traffic and pedestrians create inherent risks.
- Runners may be accompanied by one dog in Club or coach/ leader led sessions that are off-road, subject to the appropriate risk assessment.
- Where time allows, runners wishing to be accompanied by a dog should notify the session Coach/ Leader and Health and Safety Co-ordinator at least one week in advance so the necessary risk assessments can be conducted
- In the event that a dog accompanies a runner, they remain the responsibility of the owner/ accompanying runner and should be kept under close control. The Club will not be held responsible for any injuries or harm to/ or as a result of the actions of the dog. These will be the responsibility of the owner/ accompanying runner
- In relation to races the guidance issued by UK Athletics is that 'Runners must not be accompanied by a personally owned or controlled dog'. All races that are organised and led by Chippenham Harriers Running Club abide by this guidance and as such under no circumstances will a dog be granted permission to accompany a runner



5.14 Coronavirus (COVID-19) guidance

- Any member who believes that they may be or are suffering from symptoms of the COVID-19 virus should act responsibly and not attend any Club sessions. This is to ensure the safety of both themselves and other runners
- In the event of another pandemic, the Club will abide by instructions and guidance issued by the Government
- Any suspension of sessions, social distancing and health & safety measures that the Club introduces will be communicated to its members by the Communications Secretary in a timely manner

5.15 New members

- At their first run with the Club, all new members will be provided with a health and safety briefing by a committee member or leader



6. Information/Key Contacts

- **Health and Safety Co-ordinator:** safety@chippenhamharriers.co.uk
- **Welfare Officer:** welfare@chippenhamharriers.co.uk
- **Club Secretary:** secretary@chippenhamharriers.co.uk
- **Membership Secretary:** membership@chippenhamharriers.co.uk
- **Youth Co-ordinators:** youth@chippenhamharriers.co.uk
- **Club Incident Report Form:** <https://www.chippenhamharriers.co.uk/health-and-safety/>
- **England Athletics Incident Report:** <https://www.mysporthost.com/HealthAndSafety/>
- **ARC Incident Report Form:** http://www.runningClubs.org.uk/ARC_incident_report_form.pdf
- **England Athletics Health and Safety Helpline 0121 248 2235**
athleticssafety@RoSPA.com
- **UKA First Aid Guidance for Coaches and Leaders:** <https://www.uka.org.uk/wp-content/uploads/2021/12/First-Aid-Guidance-for-Coaches-and-Leaders-Final.pdf>